

ZORAM MEDICAL COLLEGE, FALKAWN, DIST-AIZAWL, MIZORAM-796005

FOUNDATION COURSE FOR MBBS STUDENTS: 2019 BATCH

Date	Period 1 8.00 – 9.40	Period 2 9.40 – 10.20	Period 3 11.20 – 13.00	Lunch break 13.00 – 14.00	Period 4 14.00 – 16.00	
01-08-2019 Thursday	Welcome address by the Director	Introduction of Students	Introduction of teaching Staff		Collecting students hobbies and making groups	
02-08-2019 Friday	Ragging	Gender sensitivity	Dress code		Sports	
03-08-2019 Saturday	Food	Library	Record keeping		Sports	
04-08-2019 Sunday	
05-08-2019 Monday	Medical profession and physicians role in the society	Health care system and its delivery	National health programs and policies		Sports	
06-08-2019 Tuesday	Medical ethics, attitudes and professionalism	Universal precautions and vaccinations	Patient safety and biohazard safety		Sports	
07-08-2019 Wednesday	Academic ambience	History of medicine	Alternative medicines		Extracurricular activities	
08-08-2019 Thursday	The MBBS course	Anatomy	Physiology		Computer and IT	
09-08-2019 Friday	Biochemistry	Pathology	Microbiology		Computer and IT	
10-08-2019 Saturday	Pharmacology	Community medicine	Forensic medicine		Computer and IT	
11-08-2019 Sunday	
12-08-2019 Monday	Holiday	Bakrid	
13-08-2019 Tuesday	ENT	Ophthalmology	pediatrics		Sports	
14-08-2019 Wednesday	Medicine	OBG	Surgery		Extracurricular activities	
15-08-2019 Thursday	Independence Day	Holiday	
16-08-2019 Friday	Anesthesia	orthopedics	Plastic surgery		Computer and IT	

17-08-2019 Saturday	Dermatology	Respiratory medicine	Radiology		Computer and IT	
18-08-2019 Sunday	
19-08-2019 Monday	Blood bank	Dentistry	Nursing		Sports	
20-08-2019 Tuesday	Psychiatry	Career pathway and personal goals	Handling biomedical waste		Sports	
21-08-2019 Wednesday	Telemedicine	What is to be a patient?	End of life care (palliative medicine)		Extracurricular activities	
22-08-2019 Thursday	Violence on medical professionals	Security	Economics of healthcare		Language and communication Skill	
23-08-2019 Friday	Suicide and terrorism	Disaster management	Learning and memory		Language and communication skill	
24-08-2019 Saturday	Holiday	Krishna Janmashtami	
25-08-2019 Sunday,	
26-08-2019 Monday	Teaching and assessment methods	First Aid/BLS/Physical exercises/time management	First Aid/BLS/Physical exercises/time management		Sports	
27-08-2019 Tuesday	Research	First Aid/BLS/Physical exercises/time management	First Aid/BLS/Physical exercises/time management		Sports	
28-08-2019 Wednesday	Interpersonal relationships and networking	Field visit (F) F1,F2,F3,F4	F5, F6,F7,F8		Extracurricular activities	
29-08-2019 Thursday	Personality development dodo.....		Language and communication skill	
30-08-2019 Friday	Stress managementdo.....do.....		Language and communication skill	
31-08-2019 Saturday	Introduction to AETCOMdo.....do.....		Language and communication skill	

F1=Hospital visit; F2=PHC/RHTC; F3=Anganwadi; F4=DOTS; F5=Immunization centres /health programs; F6=BMW disposal/management; F7=ICTC; F8=Specialist clinics—geriatrics/NCD